

# photo Memories

Photo Memories of My .....

Photographs are a wonderful way to help your memory work.

When you see a photo, the picture helps you remember the people, places and things in it.

You can create a special photo album on these pages.

## My Photo Album

- Picture of your \_\_\_\_\_ as a child or teenager
- Favorite picture of you with your \_\_\_\_\_
- Picture of your \_\_\_\_\_ with \_\_\_\_\_
- Wedding picture of your \_\_\_\_\_
- Any other pictures you want to include

You can ask family, friends or relatives for pictures of your \_\_\_\_\_,

Ask your family, friends or relatives to tell you a bit about the pictures shown.

If you don't have a photograph for some of these memories, you can draw a picture in its place

